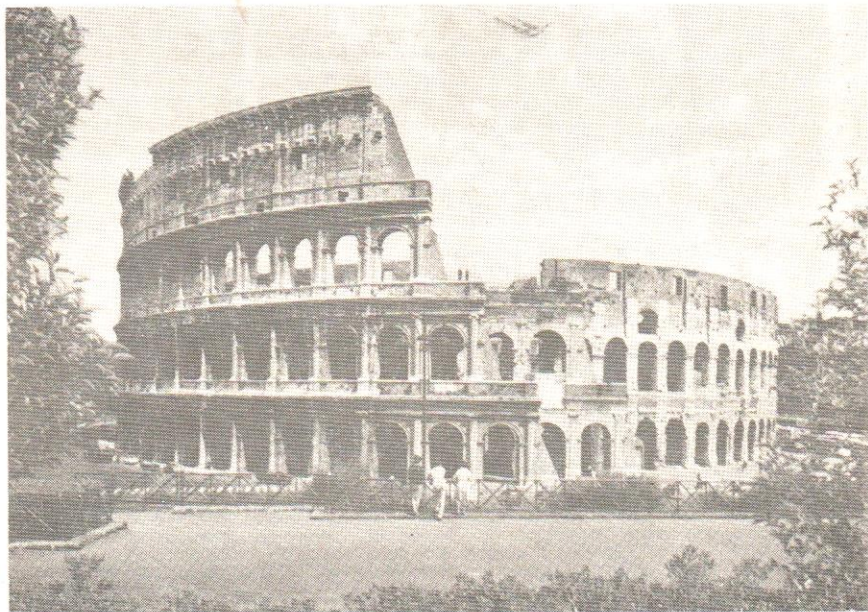


*"Go, set a watchman,  
Let him declare what he seeth."*

— Isaiah 21:6 —

AUGUST 1973

**The Sabbath**  
*Sentinel*



The Roman Colosseum, where many early Christians were put to death for their belief.

**The Sabbath**

# Sentinel

EDITOR Eugene Lincoln  
 ASSOCIATE EDITOR Terril D. Littrel  
 EDITOR EMERITUS Ruby C. Babcock

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The object of this non-sectarian non-denominational association is to bring together into one strong organization all believers in the Biblical seventh-day Sabbath (Saturday) regardless of sect, creed, or denomination, for the sole purpose of spreading knowledge of, belief in, and observance of the Creator's only Holy Day. The only qualification for membership is belief in the seventh-day Sabbath.

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## You'll Want to Read

Modern-Day Pharisees .....	3
House of Prayer Is Dedicated .....	6
What Kind of Work Can Be Done on the Sabbath? .....	8
"Sunday Is a Holy Day" .....	10
Letters .....	11
Health Hints .....	13
? Box .....	14
Note from the Editor .....	16

*Opinions in articles are those of the writers and are not necessarily endorsed by the Bible Sabbath Association.*



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# Modern-Day Pharisees

J. DAVID KLOPFENSTEIN

**T**HERE are more Pharisees today than in the time when Christ was here on earth! Let's take a look at some of the things they believed: They believed in God, in angels, in death and the resurrection, and also in the coming of the Messiah (Christ). That sounds like the way most people teach today, doesn't it?

We read in Romans 9:31, 32, "But Israel, which followed after the law of righteousness, hath not attained the law of righteousness. Wherefore? Because they sought it not by faith, but as it were by the works of the law..." These Pharisees didn't realize that works without faith cannot save a person and neither can faith without work! Read James 2:20.

Now today it's just the thing to go to church, to believe in Christ, and then believe that Christ will work everything out regardless of what a person does. Just because a person names Jesus as his Saviour doesn't necessarily make it true! So the only way to separate a Pharisee from a Christian is by accepting what the Word of God really teaches.

Jesus said in Mark 7:7, 8, "Howbeit in vain do they worship me, teaching for doctrines the commandments of men. *For laying aside the commandment of God, ye hold the tradition of men...*" Verse 9 also says, "...Full well ye reject the commandment of God, that ye keep your own tradition."

Right in these verses is the key to the difference between a Pharisee and a Christian—either to keep or to lay aside the commandment of God! The modern Pharisees teach you to believe on Jesus, but not to follow the commandments He gave for the believers to follow; rather, to follow the commandments of men!

Salvation is given as a free gift only on the basis of *faith and obedience!* The free gift is conditional. We read in Hebrews 5:9, "And being made perfect, he [Jesus] became the author of eternal salvation unto ALL THEM THAT OBEY HIM." Acts 5:32: "...The Holy Ghost, whom God hath given to THEM that OBEY HIM." John 14:15: "If ye love me, KEEP MY COMMANDMENTS." It is not laying aside the commandments of God to follow the commandments of men, as all the modern Pharisees have done. John 14:21 says, "He that hath my commandments, and KEEPETH THEM, he it is that loveth me: ..." In verse 23 we read, "...If a man love me, he will KEEP MY WORDS: and my Father will love

him, and we will come unto him, and make our abode with him." Verse 24: "He that loveth me not keepeth not my sayings..." I John 2:3 says, "And hereby we do know that we know him [Jesus], IF WE KEEP HIS COMMANDMENTS." Verse 4: "He that saith, I know him, and keepeth not his commandments, is a liar, and the truth is not in him." If a person says he knows Jesus as Saviour and CONTINUALLY breaks any one of the Ten Commandments, he has deceived only himself into a form of religion and not salvation! James wrote that if we offend any one point of the royal law, we have offended the entire law (James 2:8-11).

Now let's find out how many commandments are in effect in the New Testament. Some people say there are nine; some say ten, but one has been changed; and some say Jesus fulfilled the ten, therefore did away with them all. I Thessalonians 5:21 says, "Prove all things; hold fast that which is good." In Matthew 5:18, 19, Jesus said, "For verily I say unto you, Till heaven and earth pass, one jot or one tittle shall in no wise pass from the law, till all be fulfilled. Whosoever therefore shall break one of these least commandments, and shall teach men so, shall be called the least in the kingdom of heaven..." Now just name the least commandment in the law. Jesus gave a commandment that even the least commandment should be observed! He also said in Matthew 7:24, "Therefore whosoever heareth these sayings of mine, and DOETH them, I will liken him unto a wise man which built his house upon a rock." And if you don't observe what Jesus said He declares this in verse 26,

"and everyone that heareth these sayings of mine and doeth them not, shall be likened unto a foolish man, which built his house upon the sand." In Luke 6:46 Jesus said, "And why call ye me, Lord, Lord, and do not the things which I say?" If a person isn't doing what Jesus said "DO," He just isn't abiding in the words of Christ!

Here is definite proof that not one of the Ten Commandments has ever been changed. We read in Psalm 111:7, 8, "...All His commandments are sure. They stand fast forever..." The marginal reference for "stand fast" is "are established." Also in Psalm 119:152, "Concerning thy testimonies, I have known of old that thou hast founded them forever."

Jesus said in Luke 16:17, "And it is easier for heaven and earth to pass, than one tittle of the law to fail." If you think any tittles of the Ten Commandments have failed, just do take a shovel and try to remove the earth and the heavens and see just how far you get! It is just impossible; so is it impossible for even the jots and tittles to be removed from the commandments! But this is exactly what the Pharisees did during the time of Christ and are still doing today—changing or removing the commandments that the Word of God says are "established forever"! Jesus said "in vain do they worship me"! Anyone who changes or omits any commandments is actually saying by his actions that he has superior judgment or understanding to what God has. He is putting himself in God's place when he teaches man's commandments instead of God's.

Jeremiah said in chapter 23:20, "...in the latter days ye shall consider it perfectly." Now what should

we consider in these last days, our days? "For the land is full of adulterers. . . both prophet and priest are profane: yea, in *my house have I found their wickedness*, saith the Lord. They *prophesied* in Baal, and caused my people Israel to err." "I have seen also in the prophets of Jerusalem an horrible thing: they commit adultery, and walk in lies: they strengthen also the hands of evil-doers, that none doth return from his wickedness . . . (vs. 10, 11, 14).

Is this possible for these things to be going on in churches today? Jeremiah said it is! God told Jeremiah these things would come in these latter days, and it's here now! Just look around and open your eyes! (Verse 16: "Thus saith the Lord of hosts, Hearken not unto the words of the prophets that prophesy unto you: They make you vain: they speak a vision of their own heart, and not out of the mouth of the Lord." Verse 21: "I have not sent these prophets, yet they ran: I have not spoken to them, yet they prophesied." Baal means "lord." They prophesied in the name of the "lord" (Baal) and said the Lord had said these things, and the Lord didn't say any such thing at all.

The Creator said in verse 22, "but if they had stood in my counsel, and had caused my people to *hear my words*, then they should have turned from their evil way, and from the evil of their doings." Verse 31: "Behold I am against the prophets, saith the Lord, that use their tongues, and say, He saith."

These priests and prophets are the ones who have changed any one of the Ten Commandments. In Jeremiah 7:8-10 we read, "Behold ye trust in lying words, that cannot

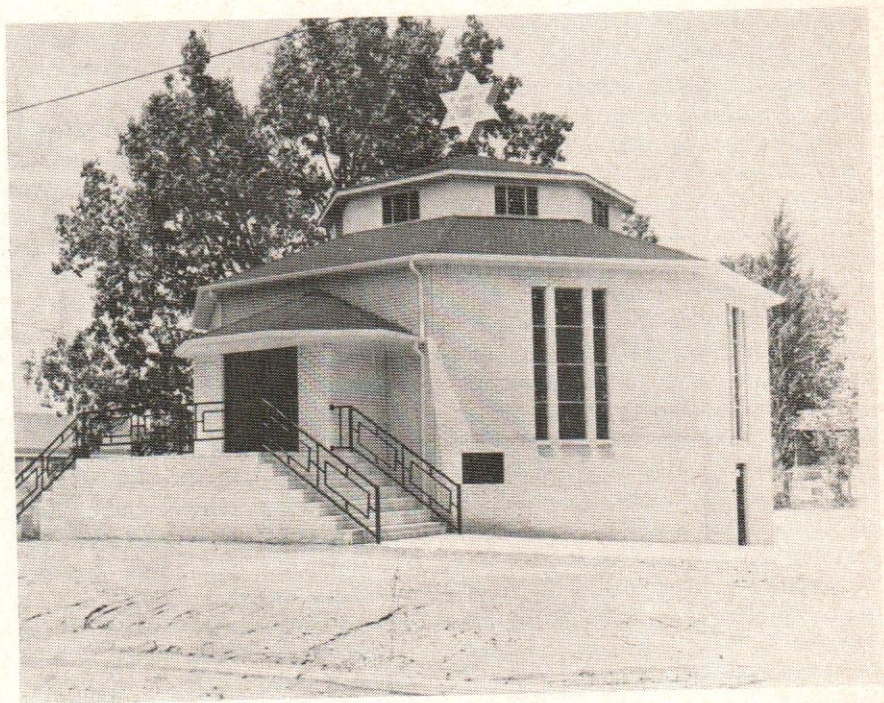
profit. Will ye steal, and commit adultery, and swear falsely . . .?" And come and stand before me in this house, which is called by my name, and say, "We are delivered to do all these abominations?" This is exactly what the preacher and evangelist say today. They say they are "free" from the law of the Ten Commandments and it is not necessary to keep them.

In Deuteronomy 13:1-3 we read, "If there arise among you a prophet, or a dreamer of dreams, and giveth thee a sign or wonder, and the sign or wonder come to pass, whereof he spake unto thee, saying, Let us go after other gods, which thou hast not known, and let us serve them; Thou shalt not hearken unto the words of that prophet. . . ." But you say, "We aren't going after other gods!" Well, any time a man follows Rome as the lawgiver and not God, he is following after the god of Rome and not after the true Creator God. The Roman Church gave the commandment of "Remember Sunday to keep it holy," and *the churches bow* to this god of Rome when Sunday is revered instead of the Sabbath day!

The Saviour said in Matthew 6:24, "No man can serve two masters: for either he will hate the one, and love the other; or else he will hold to the one, and despise the other. Ye cannot serve God and mammon." Man will either hold to the Word of God or the tradition and commandments of Rome!

The commandment that has been changed by man is found in Exodus 20:8-10. "Remember the sabbath day, to keep it holy. Six days shalt thou labour, and do all thy work: but the  
(Continued on page 18)

# House of Prayer is Dedicated



A rightly decorated temple of splendor and beauty, The Zion "Tower of Prayer," valued at over \$100,000 was dedicated at Dyersburg, Tenn. on Sabbath, May 26.

The leaders of the church are Mr. and Mrs. Calvin Ball, ministers of the Seventh Day Pentecostal Assemblies. Mr. Ball is also a jeweler and watchmaker. Mrs. Ball carries on an extensive missionary work both at home and abroad.

Sabbath School classes were started in Mrs. Ball's home 32 years ago. In 1950, she built a chapel room on the

west side of her small home where regular services were held (see the June issue for the story). She called it "The Prayer Room Mission." It was completed six years after the death of her first husband, Daniel E. Ketchum, and when two of the four children were pre-schoolers. The twins Daniel and Donald, who had a candy, chewing gum, soft drink and block ice business all summer, put all their profits in on the first contributions for the erection of the chapel.

The first offering on the Holy

Tower was given in July, 1950, by a visiting evangelist holding a tent revival in Dyersburg, Murray and Sarah Craig of the Dunkirk, Ind. Seventh Day Pentecostal Assembly. The following year Mrs. Mildred Ketchum married Mr. William Calvin Ball and they began their ministry together.

Construction of the Tower Of Prayer was begun in March 1972. The basic design of the unique edifice with its many details was envisioned by several Sabbatarian Pentecostals from different places and at different times, including a foreign missionary visiting for his first at the mission from the British West Indies.

As different people had visions of how the temple was to be constructed, instructions were sent to Mrs. Ball, who in turn gave them to her son, James David Ketchum. He drew up plans for the actual construction. It was the first time that he had designed a building, and considering the difficult requirements of the "round" pattern, it is hard to believe that he could effect such structural beauty without the benefit of any previous architectural training. He believes that he had the help of the Divine Master Builder.

The ground floor of the Tower of Prayer houses the office, the assembly hall, and Sabbath School classrooms.

The sanctuary above has narrow, vertical window panels of stained glass of brilliant hues. The primary colors of blue, red, and yellow are used in their full intensity, plus green, purple, and coral.

The carpet is scarlet. Federal blue velvet draperies form a backdrop for the clerical benches and flow beneath

seven large marble tablets mounted high on the wall. These stones comprise the altar in this unique church. The deeply carved, Roman-style letters of the Ten Commandments are easily read from any angle of the round sanctuary. The chancel furniture consists of an organ and piano of walnut finish which match the solid walnut pews and pulpit. Modern electronic sound equipment, a vibra harp, and two guitars are also among the furnishings.

The third level of the temple is identified as "The Upper Room." It is furnished with a walnut communion table for the observance of the Holy Eucharist. In the center of the table rests a single candle holder, and in each of the seven windows of the Upper Room is a candle holder with beautiful candles of multi-colors made in Italy. Built-in benches cushioned in a rich oriental tapestry design the walls.

The eight-sided structure of tri-level design of the Tower of Prayer is surmounted with a six-pointed star. "The Mogan David," outlined in white lights, is clearly seen for many blocks away at night.

Among those attending the dedication ceremonies was Pastor Terril D. Littrell, president of the Bible Sabbath Association, who gave the invocation, offered words of congratulations for the work of this fine congregation and its splendid leadership, and gave the benediction at the close of the service. The main dedication address was delivered by Pastor James Wilson of the Seventh Day Pentecostal Assembly of Terre Haute, Ind.

Mr. and Mrs. W. C. Ball, leaders of the new church, have been members of the Bible Sabbath Association for many years.

# What Kind of Work Can Be

## Done on the Sabbath?

FRED WILLHELM

**I**N answering that question, we must consider two subjects together: faith and the Sabbath. "Faith" is the evidence of things "not seen" (Heb. 11:1) and comes by "hearing the Word of God" (Rom. 10:17). "The seventh day is the Sabbath of the Lord thy God" (Ex. 20:10), "my holy day," and the Lord's Day (Isa. 58:13, 14).

Being hungry, the disciples "began to pluck the ears of corn, and to eat" on the Sabbath day (Matt. 12:1). "When thou comest into thy neighbour's vineyard, then thou mayest eat grapes . . . but thou shalt not put any in thy vessel." Also "thou mayest pluck the ears with thine hands, but thou shalt not move a sickle . . ." (Deut. 23:24, 25).

The Sabbath is not a day for feasting nor a day for fasting, and being hungry, we can eat what we can pick off the vines, but we are not to "gather" for future needs. But when there is need for preparation for the eating, such baking and seething (boiling) should be done the day before the Sabbath (Ex. 16:23).

Since it is the Lord's day and "my holy day," on the Sabbath we should not be doing our own ways or finding our own pleasure, or speaking our own words (Isa. 58:13, 14).

"Bear no burden on the sabbath day," "but hallow the Sabbath day,

to do no work therein" (Jer. 17:21, 24). "Six days shalt thou labour, and do all thy work: but the seventh day is the sabbath of the Lord thy God. In it thou shalt not do any work" (Ex. 20:8-10).

The Sabbath is not a day for buying and selling (Neh. 13:16-21), so we should not desire on the Sabbath that the Sabbath "be gone" so we can "set forth wheat" (Amos 8:5); not "speaking thine own words."

But God has a work for us to do on the Sabbath. It is a day for "rest," but not a day for idleness, for it is a day for "an holy convocation" (Lev. 23:3), a holy gathering to worship God, an "assembling of ourselves together" and "exhorting one another" (Heb. 10:25). All "thy work" must be done on six days, not the Sabbath day, but the "assembling" for the "holy convocation" is a work God has for us on His holy day.

We should "draw out thy soul to the hungry, and satisfy the afflicted soul" (Isa. 58:10). God placed man "in the garden" "to dress it and to keep it" (Gen. 2:15).

Being busy with my own work on the six work days, I had not visited a new neighbor who moved next to us, but on Sabbath morning we visited them, and found the man sick in bed, not being able to eat for three days. We asked if there was any-



thing we could do to help. The man said in moving out there he passed an okra patch, and he wanted some okra to eat. Okra is very good for a feverish stomach. We returned home, gathered some okra from the garden, and my wife cooked it, this on the Sabbath; something we would not do for ourselves, but for the sick we did. After eating the okra, the man was up the next day.

If we find a man "half dead," even on the Sabbath day, we should not pass him "on the other side," but we should help what we can as the "good Samaritan" did (Luke 10:30-37). Going to church one Sabbath, we found a man hauling wood to town to sell it, but his wagon wheel had come off. Even on the Sabbath, we helped him replace the wheel. We were not working for ourselves, but helping a man in need.

At another time, another neighbor's mind as he got older was not all there. He began leaving home, wandering in the woods and mountains. Many an hour we spent in hunting him. One Sabbath morning, almost two feet of snow was on the ground. His daughter came and told us he had left home. He had crossed a small stream of water and climbed a high mountain. We could not tell her we would go get him when the Sabbath was past. No, we went at once, found him sitting by a big tree. He was barefooted and was freezing. He said he was going home. We brought him home, but his feet were frozen so that he could not walk for weeks.

Then he left again. We had returned home early one Friday, and he had been gone about three hours. A very cold wind was blowing. We did not try to do our work before

the Sabbath, but at once joined the other neighbors in hunting him. We found him two miles from home, hung up in a barbed wire fence, very cold.

That evening, we asked his wife and children what we should do. They could not control him, and I was the only neighbor who could do anything with him. The others refused to do so, but we did not want him to get off that way and freeze to death. The folks had no money, and the neighborhood could not watch after him all the time. So the next day, we sent word that we could not be in church, but took this man to two doctors and they got in touch with the sheriff and on Sunday I had to go with the sheriff 150 miles to take this man to a mental hospital.

Jesus healed on the Sabbath, but He did not have an open clinic, or doctor's office, or hospital for people to come on the Sabbath to be healed. Our work should be done on the six working days, and when we are told, "Remember the sabbath day, to keep it holy," we should not wait until late Friday to "remember the Sabbath," but each of the six working days we should be remembering the Sabbath day, so we can be prepared to "keep it holy." But when our house, or neighbor's house, gets on fire on the Sabbath, we could not wait until the Sabbath is past to fight the fire.

But when God told us not to do "our work" on the Sabbath, His holy day, and gave great promises in the Bible of help in obedience to His commands, why should we fear going hungry when we obey God? "The Lord is not slack concerning his  
(Continued on page 17)

# “Sunday Is a Holy Day”

TERRIL D. LITRELL

**R**ECENTLY one of my colleagues and I were talking. The conversation led to a discussion about how people in America have changed. My colleague mentioned that when he was a boy, it was considered a sin to work on Sunday.

I said, “If I told you that Sunday is not a holy day, what would you say?”

He replied, “I would say that you are perfectly entitled to your opinion. Some people believe the earth is flat. Some believe the world is going to end in A. D. 2000. Some believe that it all began less than 7000 years ago. I don’t think it makes any difference which day a person believes is the Sabbath day; besides, our days have probably gotten confused and we don’t actually know when the seventh day is.” He then made a half-salute with his hand and went off humming to himself; impervious and secure.

The world in general is like that—going on its humming way, brisk and uncaring. It is an odd thing when you tell someone the true facts of a mythical tale they are not indignant with the teller, but with you. They don’t want to have their ideas upset. It arouses some vague uneasiness in them, and they resent it. They reject it and refuse to think about it—hoping that “haunting” feeling will flee. If they were merely

indifferent, it would be understandable. But it is much stronger than that, much more positive. They are annoyed!

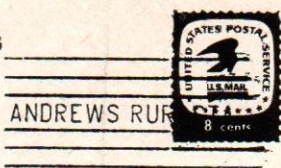
Very odd, isn’t it? You would think that most people would want to know the truth, but they don’t—especially when that truth cuts across time-honored traditions. “Surely the majority can’t be wrong.”

For the satisfaction of my intellectual curiosity, I proved to myself several years ago that the teaching that “Sunday is a holy day” is fiction and not fact. I proved it by my Bible! The answers were all **right** there, and they were not matters of conjecture but matters of fact. In my investigation I did not overlook any possibilities; then I sorted the facts from man’s interpretations (commentaries, denominational books, etc.) The end result of my investigation was amazing!

The truth of a matter does not lie in someone’s account of it, but it lies in **ALL THE SMALL FACTS** of the time. The fact that followers of the Messiah came to the tomb where their Master had been buried and found it empty on the first day of the week is a simple affair that was blown up to huge proportions by some Christian theologians. Down through the ages the **FACT** of the empty tomb on the first day of the

*(Continued from page 17)*

Excerpts  
from  
Letters



Conducted by Mrs. Ruth Thomas

Please send me 50 Sabbath pens and renew my subscription to THE SABBATH SENTINEL. Enclosed is a check.

God bless all who labor for the association as you promote the Ten Commandments.

—Pat Powell, Wisconsin

\* \* \*

Please send me a dozen tracts on the Ten Commandments . . .

—Eld. J. R., Tennessee

\* \* \*

Please find enclosed a check, for which send me ten Sabbath calendars . . .

—Mrs. F. W., Indiana

\* \* \*

I was a member of the Assembly of God Church but have recently begun to keep the Sabbath and would like to have fellowship with other Seventh Day Pentecostal people in my area. Can you help me?

—A. L. S., Oklahoma

\* \* \*

I received some literature from your association and was very happy to get it . . .

—Mrs. G. G., Oklahoma

\* \* \*

Thank you so much for sending me a sample copy of your magazine,

THE SABBATH SENTINEL. I am a staunch supporter of the seventh-day Sabbath, have been for several years. I would appreciate knowing more about your organization.

—E. S., Mississippi

\* \* \*

"I am a law student doing research in the area of Sunday legislation. I would appreciate any information that you could supply that might be of help to me.

—S. L., Tennessee

\* \* \*

Enclosed you will find \$—-. Please send me THE SABBATH SENTINEL for the next twelve months. . . .

—Adventist minister, California

\* \* \*

I was recently given the *Echoes From Eden Home Bible Study Series*. On the back was your address and that you publish calendars with the Sabbath in red. I think this is wonderful.

I accepted Jesus Christ as my personal Savior about a year and a half ago, and then became a Sabbath keeper about a year ago. His love is something that I will never be able to understand.

Would you please send me a calendar and a sample of all your literature? . . .

—Sandy Schmidt, Idaho

\* \* \*

Upon moving recently, I came across an old 1957 copy of your *Handbook of Sabbath-Observing Organizations*. I read it and found it quite interesting.

I would like to take out mem-

bership with your association and any literature that you can send me would be appreciated . . .

—S. A. P., New Jersey

° ° °

I want to thank you for the beautiful Sabbath calendar and THE SABBATH SENTINEL . . .

—N. R. R., Texas

° ° °

Please send me a book of your Bible Sabbath stamps. They are simply beautiful, and when I put them on letters, my friends always comment about them . . .

—P. B., Michigan

° ° °

Please send me a copy of the *Echoes From Eden Home Bible Study Course*. I have a friend who wants a copy after reading mine.

—Mrs. E. P., South Dakota

° ° °

Send me one dozen tracts about *Facts On the Sabbath Question*. I am enclosing a contribution to pay the cost and postage.

—Mrs. R. P. T., Tennessee

° ° °

I was reading a copy of *The Liberator*, and found an advertisement about your Bible Sabbath Association. I am a Sabbath keeper strictly the Bible way. I am quite curious about your work. Are you a branch of the Seventh-day Adventist Church?

—Dr. L. P. P., Alabama

No, we are not a branch of any denomination, but work with all of them, and with independent Sabbath keepers too, to promote the Sabbath

from an undenominational standpoint and to encourage a closer fellowship among all who observe the Sabbath. See page 2 for more details of the association.—Ed.

° ° °

I am sending you my check. I would like to have THE SABBATH SENTINEL sent to my home and my office. Also send me two calendars.

—O. R. G., Illinois

° ° °

I recently received a copy of the *Sabbath Handbook And Directory of Sabbath-Observing Organizations* from a friend. I have seen the wonderful truth for several years even though I am only 24 years old. Would you please send me any information on the seventh-day Sabbath that might be available?

May your work always glorify God.

—J. C. P., Texas

° ° °

I am trying to locate an African tribe which has kept the Sabbath for over 500 years. It doesn't make any difference whether they are Orthodox Jews or Christians. If any reader can help me locate this tribe, I would be most thankful.

—David Clemons

16 N. Court St.

Lapeer, Mich. 48466

° ° °

I am a Seventh-day Adventist and recently received one of your tracts called *Search the Scriptures*. Please send me 1000 of these immediately for distribution among my friends.

—W. G. F., Washington



# Health Hints

by Dr. Allen R. Babcock

Let us today list a few basic rules for good health.

1. Only small meals. It is difficult to over-emphasize this. Even the "little eaters" among us probably consume too much food. The long-lived people are small eaters. Nearly everyone stokes the human furnace with more fuel than is required. The question is naturally not how much you eat but how much can your body utilize.

2. You may accept as many do that alcohol should be avoided, and rightly so, because it interferes with transmission of nerve messages throughout the body. Nor is alcohol the only commonly-used beverage that is harmful, and we include all carbonated beverages and drinks much colder than room temperature. If it is too cold or too hot for the hand, how about the sensitive mucous membranes of the mouth and the other membranes to be contacted by such extreme temperatures?

3. Now if your diet is proper and not too much or too little, and everything is correct except the nerve communication from the brain to the digestive apparatus through the spinal cord, what happens? What happens when you remain in a cramped position too long? What happens when you sit with your legs crossed and a

foot "goes to sleep"? You have shut off your nerve supply.

If, as does happen, nerve supply is impaired or shut off at the improper level of the spine, your digestive system may suffer. The commander of biological functions has been interfered with, and it must not be interfered with by alcohol, drugs, or mechanical obstruction at the spine if all is to be well with the human physiology.

Keep communication lines clear; let biological functions be performed unhindered, remove alcohol, drugs, and mechanical pressure.

4. Hydrogenated foods, of which lard is the chief offender, are to be avoided. Polyunsaturated oils are recommended, especially cold-pressed oils. Use about 2 tablespoons daily of corn, soya, or safflower oils, which are preferred.

Hamburgers and frankfurters (meat type) are a no-no because of the harmful fats and additives, especially in the "franks."

5. Milk products minus the cream should be used in moderation. Jams, jellies, and preserves are to be avoided because of the sugar content which overworks the liver and pancreas. Yogurt is valuable, especially for older people, as it can replace the  
*(Continued on page 18)*

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# THE ? BOX

Conducted by Mrs. Ruth Thomas

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## QUESTION

Jesus' disciples were hungry, so they picked grains on the Sabbath day (Matt. 12:1, 2). Only the Pharisees condemned them. In this day and age, many would go hungry if they decided all of a sudden not to serve their employers on Saturday. Yet most Sabbath keepers look down on this sort of thing. What kind of work CAN be done on the Sabbath?

## ANSWERS . . .

I read your Question Box with interest. In our modern society would you be happy if you had no electric power or lights on the Sabbath?

What would you do if there were no water at your tap? Would you prefer to let milk cows go unattended on the Sabbath?

What would happen to our national delivery system if the railroads stopped for 24 hours?

Did not our Lord tell us that an ox or a sheep in the pit should be removed?

I grant you I do not believe in Sabbath work. My daughter is a nurse. If you were in a hospital, would you like to lie unattended for 24 hours?

Considering these things, do you not think our Lord knows and works out a pardon under these circumstances?

Wesley W. Hamlin,  
Imperial Beach, Calif.

• • •

The writer seems to have confused the assuaging of one's hunger with what kind of work one may do on the Sabbath. They are two different things entirely.

I think that it is quite universally agreed that one may eat on the Sabbath. They may use their hands to pick up bread to eat or use their hands to pluck off grain to eat. The question, I believe, is simple and the answer equally so.

Now, the question of what kind of work can be done on the Sabbath? In the loose moral world that we now live in, the answer to this isn't quite so easy. At one time Sabbath work seemed to be confined to acts of mercy and charity. No gainful employment was permissible. Acts of necessity were quite strictly interpreted. Presently, however, many denomination workers work on the Sabbath in their own institutions for pay. Others of their own sect, seeing this "gainful employment," work anywhere on the Sabbath for pay. The subterfuge for this behavior is a quotation from Matt. 10:10 "the workman is worthy of his meat." This quotation is immaterial and irrelevant to the question in that it doesn't justify common labor on the Sabbath for pay.

Carefully and prayerfully looking for reasons not to work on the Sabbath, rather than seeking an excuse to work on the Sabbath, has solved the problems for me for over 50 years.

• • •

These few thoughts concern the question in the May issue of Jesus' disciples picking grain on the Sabbath day to satisfy their hunger (Matt. 12:1, 2). The resulting ques-

tion was, "What kind of work CAN be done on the Sabbath day?"

Let us approach an answer from this angle: what does the individual consider as work? To one, the frying of an egg can represent work, while to another it may mean the actual eight-hour day put in daily labor. Many go to the extreme in these matters, thus "straining at a gnat and swallowing a camel," as the Bible expresses it.

The Jews during the time of Christ were binding themselves up with additions to the already existing law concerning the Sabbath day, and that which Moses already wrote for the children of Israel. These man-made additions remove all the spiritual love and desire for the Sabbath and replace it with unending, binding works. This is what Jesus and His disciples were exposing in these verses: man's corrupt additions to

God's already holy law. This did not change the original intent of the Sabbath day in any way, shape, or form.

A true child of God, in considering the Sabbath day as God's holy day of rest, first will have faith in God to such a degree that he will abstain from his daily labors for 24 hours with the absolute faith that the Lord will provide his temporal needs from the other six working days. This point the Lord made very clear in Exodus 16:22-26, with the example of the manna from heaven. Even then, those of little faith looked for manna on the Sabbath and found none, as verse 27 records.

So it is today, with the love of God in our hearts and faith that He will provide for us if we provide for Him, we should recognize the Sabbath day as the true day of rest

*(Continued on page 17)*



## "Echoes from Eden" Radio Log

The new "Echoes From Eden" is now on the air on these stations:

- KBLE-FM, Seattle, Wash. (93.3 MHz)—12:05 p.m., Mon.-Fri.
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- KXEN, St. Louis, Mo. (1010 kHz)—5:30 p.m., Mon.-Fri.
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We invite your support of the new "spot" programs on these and other stations. Send donations to:

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A Note  
from  
the Editor

## Spiritual Outages

**L**AST night, about 1 a.m., the phone rang urgently. We have no extension in our bedroom, so I got up and hurried to my study to answer it. As I got up, I flipped a switch, expecting the lights to come on.

Nothing happened.

Thinking that I had not pushed the thing hard enough, I gave it another try. A flash of light flooded the room, but only for an instant. It was an angry stroke of lightning shining in from the outside.

Hurrying to my study and stubbing a bare toe on the way, I finally reached the phone.

After the important call was over, I groped for a flashlight, then examined the circuit breaker box. Everything there was all right. A clap of thunder followed another lightning flash.

Later a man from the electric company climbed the pole behind our house and repaired a transformer which had been damaged by the lightning; then things were back to normal. We had light, we knew we would be able to have a hot breakfast and listen to the stereo later in the morning. The refrigerator resumed its humming tune, and the crisis was over.

Electric companies call these interruptions in service "outages." When they occur, something is done—and on the double.

Strange it is that when "outages" occur among Christian witnesses, often no one is concerned. A neighborhood is left in darkness, and no one loses a moment's sleep over it. Few are troubled enough to get into action to find the cause and put loose connections together again.

What causes these outages? Often an unexpected stroke during a storm in someone's life. His spiritual transformer is burned out and the connection with the Power Station is broken. The light that he had been providing in his neighborhood goes out.

Why don't other Christians, more than they do, rush to his aid? Usually he can be returned to useful service—if helped soon enough. But often—to put it bluntly—no one cares!

The Bible Sabbath Association, your local church, and you as an individual—all are working together to spread the light of the gospel message for this age. When someone lets his light fail, shouldn't the rest come to his aid and encourage him?

Sabbath keepers in the world are few and we cannot afford any "outages" within our system. We recently visited a Christian who is keeping the Sabbath as best she can under difficult circumstances—a situation that would perhaps floor us. Some might judge her because she is not keeping it "well enough,"—but we marveled that she has the courage even to try. We hope our visit was some encouragement.

If you know others who are discouraged and need help, don't criti-



cize them. Help them as best you can. You will share some of the blessing for the light that they will continue to give because of your encouragement.

*Eugene Lincoln*

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## WHAT KIND OF WORK CAN BE DONE ON THE SABBATH?

*(Continued from page 9)*

promises" (2 Pet. 3:9). "Bread shall be given him; his waters shall be sure" (Isa. 33:16), "Because he hath set his love upon me, therefore I will deliver him" (Psa. 91:16). "Because thou hast made the Lord my refuge, the Most High, thy habitation, there shall no evil befall thee" (verses 9, 10). All the "ravens" are not dead (1 Kings 17:6). And, like with Elijah, angels could feed with a "cake" (1 Kings 19:5-8). Where is our faith?

What value do we place on our soul? Is our soul worth only what we make on the Sabbath day as we serve our employers? "What is a man profited, if he should gain the whole world, and lose his own soul?" (Matt. 16:26).

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## "SUNDAY IS A HOLY DAY"

*(Continued from page 10)*

week grew into a LEGEND that Sunday (the first day of the week) was a holy day, which commemorated the resurrection of the Messiah. Some knew this legend to be untrue, looked on, but said nothing.

In my investigation I discovered that there were eight passages in the New Testament that mention the first

day of the week. I observed that not one of these stated that the Sabbath of the Old Testament was changed from the seventh day of the week to the first day of the week, or that the first day of the week was called a "holy day," or that the Saviour ever commanded His followers to observe the first day of the week in honor of His resurrection. I did find that:

1. Some women who were followers of the Messiah came to an empty tomb upon the first day of the week (Luke 23:56). Why? Because they had rested the Sabbath day according to the commandment.

2. The disciples met on the first day of the week following the resurrection. Why? "For fear of the Jews" (John 20:19).

3. The disciples met on that day to break bread (Acts 20:7). Why? Because they met every day to break bread (to eat a common meal) (Acts 2:46).

4. Paul gave order to receive a collection on that day (1 Cor. 16:2). Why? For the poor saints at Jerusalem.

I concluded that ANYONE who wants to know the TRUTH about the so-called Sabbath-Sunday controversy can know by the help of the Holy Spirit!

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## THE ? BOX

*(Continued from page 15)*

and definitely cease from our daily worldly labors.

The thought of the ox falling in the ditch should be understood with a deep reverence of God in our hearts; thus the interpretation thereof

will be acceptable to Him. To use this thought as an excuse to labor in any way is wicked blasphemy.

In closing, I feel basically that the observance of God's Sabbath day is a personal experience between the Lord and the believer, and that the believer is to grow in the grace and knowledge concerning these matters.

The truth is there; it is up to us to seek, ask, and knock.

—Carlo E. Rasmussen.

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## MODERN-DAY PHARISEES

*(Continued from page 5)*

seventh day is the sabbath of the Lord thy God. . . .” They say that the FIRST DAY is the sabbath day. Look it up in any good encyclopedia—Saturday, not Sunday, is the seventh day of the week. Mark 2:28 says, “therefore the Son of man is the Lord also of the sabbath.” Baal is lord of Sunday!

Man has taken the first day of the week (Sunday) and has molded, fashioned, and formed this day into the likeness of the Sabbath day (an image). If any one gives this day reverence in the likeness of the Sabbath day, he is bowing to an image, breaking the Second Commandment. It is idolatry, regardless of the excuses!

A question that you might ask is, What about all the people in the past and the people now who are keeping Sunday ignorantly? Isaiah 8:20 says, To the law and to the testimony: If they speak not according to this word, it is because there is no light in them.” Also in Proverbs 28:9, “He that turneth his ear from hearing the law, even his prayer shall be an abomination.”

In Luke 13:3, Jesus said, “. . . Except ye repent, ye shall all likewise perish.” Romans 6:23: “For the wages of sin is death; but the gift of God is eternal life through Jesus Christ our Lord.”

To repent is to follow the way of the true Christian, and not to repent is to follow the way of the Pharisee. Which will it be?

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## HEALTH HINTS

*(Continued from page 13)*

needed lactic acid bacilli. Avoid the flavored kind. Honey should be used as often as possible when a sweetener is needed.

6. Raw foods; the greater per cent of your food should be raw fruit and vegetables—at least 50 per cent. Heat kills and devitalizes food. Cooked food tastes good to the civilized appetites, but taste is one thing and health another.

7. Now, in general and most difficult possibly of all to follow: If it comes in a package or a can, it is not for you. Of course in our culture we cannot avoid all such items and must at times take what is available. But the rule for best health is still in general as follows: If you see it advertised on TV or radio, avoid it.

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## “ECHOES FROM EDEN”

All those who support the B.S.A. radio ministry “Echoes From Eden” this month will be sent one of our new 45 rpm records for their home use. Please mention the record when you write. Send contributions to “Echoes,” Bible Sabbath Ass'n., Fairview, Oklahoma 73737.

## ANNOUNCEMENTS

Copy must be brief. No charge will be made, but offerings to defray cost will be appreciated. The right is reserved to reject any proposed copy.

Send all copy to Bible Sabbath Association, Fairview, Okla. 73737. Information as to dates and places of Sabbath services, camp meetings, radio programs, desire for employment by Sabbathkeeping people or vice versa, prayer requests, requests for information leading to Sabbath fellowship for isolated people, etc., will be included.

This feature, offered solely as a service for Sabbathkeepers, is probably not obtainable elsewhere and is for the purpose of fostering increased good will, love, and harmony among ALL Sabbath-observing people (John 13:35).



President Littrell proudly displays complimentary volumes 1 and 2 of *Seventh Day Baptists in Europe and America*, sent to him by the Seventh Day Baptist History Society of Plainfield, N. J. Pastor Littrell purchased volume 3 as soon as it was off the press.

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### NOTICE

The new address of the editorial office is

713 E. 28th St.

Marion, Indiana 46952

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I would like to hear from any of God's true people, either brothers or sisters. Mrs. Inous Puckett, c/o Ed Lawler, Star Route 1, Box 121, Lake Village, Ark. 71653.

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### SEVENTH DAY BAPTIST HISTORY

Just off the press is Volume 3, *Seventh Day Baptists in Europe and America*, 1900-1955 at \$6 per copy, with about 400 pages. All orders should be sent to the Seventh Day Baptist Publishing House, 510 Watchung Avenue (Box 868), Plainfield, New Jersey 07061.

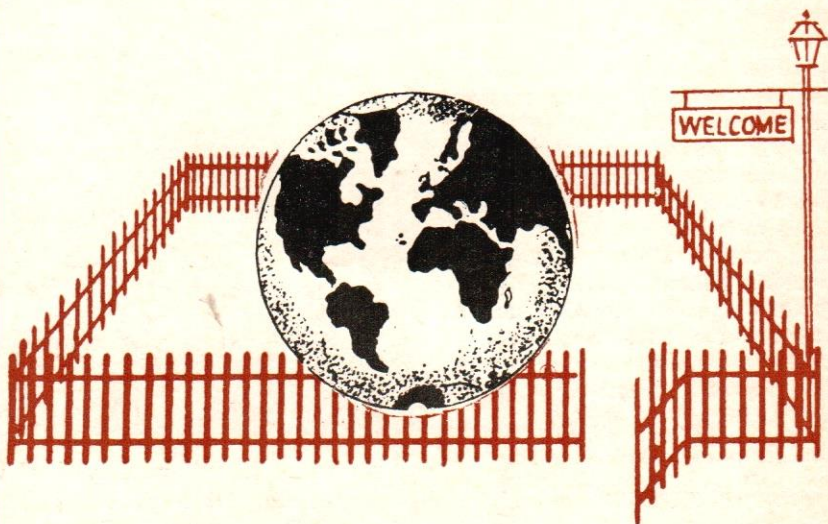
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If you are a Christian who has thought of making a will to include the ministry of the Bible Sabbath Association but haven't done anything about it for various reasons, why not consider doing it today? You can serve Christ to the maximum through your Will!

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